



Preventing Damp & Mould



Increased moisture content in the air



Increased risk of condensation and mould may grow as a result

Damp and mould can be caused by a number of things. Here are a few simple steps you can take to reduce build-up of damp and mould in your home



Damp happens when moisture collects and can't fully dry out.

It is usually caused by condensation and often occurs in areas with low air flow

Window Ventilation

- Keep trickle vents open.
- They can usually be found at the top of your window frames if they're fitted.



Cooking

- Keep lids on saucepans
- Open a window or use an extractor fan.
- Close the door to prevent damp air from travelling



Bathing

- Close the door and open a window
- Use extractor fan so damp air can escape

Washing

- Dry clothes outside when possible
- Use a clothes horse in a room with an extractor fan running or a window open



Cupboards

- Don't overfill cupboards
- This can cause mould build up due to air being unable to circulate



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