

TAFF COST OF LIVING SUPPORT

HARDSHIP FUND

Financial support available for Tenants

Our Hardship Fund is to support those in severe financial hardship. If you are struggling to afford essential items or rent please speak to your income officer. They will carry out an assessment of your incoming & outgoings and let you know if you are eligible to apply to our hardship fund

Our hardship fund is only available to those most in need so we cannot guarantee we will be able to help everybody

MONEY ADVICE

Money and budgeting advice for Tenants

If you would like Support with budgeting or managing your tenancy, please speak to your Neighbourhood or Income Officer for a referral to our Community Inclusion Team

EMERGENCY VOUCHERS

We can assist Tenants on prepayment meters to access emergency fuel vouchers. We are also able to issue food bank vouchers

WELLBEING & FOOD POVERTY

Winter Wellbeing Club with free food and companionship

We run a fortnightly Winter Wellbeing Club in the conference suite behind our Canton office. You can get free food, warmth and listen to interesting speakers. A great opportunity to socialise and get support

For more information about money advice, vouchers or the Winter Wellbeing Club please contact the Community Inclusion team:
Freephone: 0800 121 6064
or email: contact@taffhousing.co.uk

MENTAL HEALTH SUPPORT

24 hours a day, 365 days a year

If you need someone to talk to, day or night, the Samaritans are there to listen. They won't judge or tell you what to do

Freephone 116 123
www.samaritans.org/wales

SAMARITANS

ENERGY SAVING

Keep warm & save money

Power Up Wales can offer support with:

- Saving Energy
- Choosing a tariff
- Switching Suppliers
- Benefit entitlement

Freephone 0808 808 2274
Mon- Fri 9-5pm

TAFF COMMUNITY ALLOTMENT

Grow your own food

Are you interested in growing your own food? We have a community allotment in Leckwith with plots currently available

If you are interested, please contact Ria Cuss on 029 2025 to

BORROWING & SAVING

Ethical savings and loans

Cardiff & Vale Credit Union is an award-winning credit union, operating for over 26 years. They offer loans, saving schemes, life insurance and advice on how to manage your money

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www.cardiffcu.com

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